

Self Help Authors



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Self-help or self-improvement is a self-guided improvement —economically, intellectually, or emotionally—often with a substantial psychological basis. Many different self-help group programs exist, each with its own focus, techniques, associated beliefs, proponents and in some cases, leaders. Concepts and terms originating in self-help culture and Twelve-Step culture, such as recovery ...

Self-help - Wikipedia

Self-help books ebooks and audio books focusing on self-improvement, personal development, self-healing, hypnosis and autosuggestion. Motivational new thought spiritual books, audio seminars, lectures, and articles.

Self Help Books & Self Improvement eBooks for Personal ...

Wallace Delois Wattles (/ ' w α: t ə l z /; 1860–1911) was an American author. A New Thought writer. He remains personally somewhat obscure, but his writing has been widely quoted and remains in print in the New Thought and self-help movements. Wattles' best known work is a 1910 book called *The Science of Getting Rich* in which he explains how to become wealthy.

Wallace Wattles - Wikipedia

LYNN SERAFINN, MAED, CPCC is a certified, award-winning coach, teacher, marketer, social media expert, radio host, speaker and author of the number one bestseller *The 7 Graces of Marketing — How to Heal Humanity and the Planet by Changing the Way We Sell and Tweep-e-licious! 158 Twitter Tips & Strategies for Writers, Social Entrepreneurs & Changemakers Who Want to Market their Business ...*

Self-Publishing - A 10-Point Must-Do Checklist for Authors ...

Note from Jane: Today's guest post is by attorney Helen Sedwick (@helensedwick), an attorney licensed to practice in California only. She is the author of *Self-Publisher's Legal Handbook*. This information is general in nature and should not be used as a substitute for the advice of an attorney authorized to practice in your jurisdiction.

What Self-Published Authors Need to Know About Taxes

A Registered Dietitian and Certified Diabetes Educator at Good Measures, LLC, where she is a CDE manager for a virtual diabetes program. Campbell is the author of *Staying Healthy with Diabetes: Nutrition & Meal Planning*, a co-author of *16 Myths of a Diabetic Diet*, and has written for publications ...

About Our Expert Diabetes Authors | Diabetes Self-Management

The Best Self-Help Books to Read in 2019, According to Amazon and Goodreads. Bestselling authors like Marie Kondo, Jen Sincero, and Brené Brown are waiting to motivate and inspire you.

22 Best Self-Help Books to Buy in 2019 - Self-Improvement ...

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Alison Baverstock, author of How to Market Books, offers her top 10 marketing tips for self-published authors.. 6 minutes to read. This article first appeared in our self-publishing themed issue of Publishing Talk Magazine. 1. Leave off the marketing for a while

10 marketing tips for self-published authors - Publishing Talk

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SPF Courses. I have popular courses that will help writers at every stage of their careers. Fiction and non-fiction, all genres. There's something for everyone.

Mark Dawson's Self Publishing Formula

Self-Injury, Abuse and Trauma Directory — An extensive one-stop listing of self-injury, abuse and trauma resources on the Web. Edited by UK counsellor and author. Frequently updated. Bullying Online — A very comprehensive site dealing with bullying issues. Contains thirty sections of practical advice.

Psyke.org - Self Injury Information and Support

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Publishing packages designed by Xulon Press, the leading Christian self-publishing company. Our publishing packages are tailored to the specific needs of Christian authors and writers.

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When you begin to self-publish your own books, one of the many questions that you will be asked by whichever distribution platform you use (e.g. CreateSpace, KDP, Ingram Spark, Lightning Source) is the name of your publisher. Considering the following points will help you decide how to answer that ...

Should Self-Published Authors Create Their Own Publishing ...

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Famous Self Love Quotes: 10 Empowering Quotes on Self-Love ...

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The 7 Best Self-Help Books of 2019 - Verywell Mind

The Watchdog Desk of The Alliance of Independent Authors monitors the self-publishing industry in two ways. 1. We have a Partner Membership for services which align with our Code of Standards and go through a vetting process. 2. We identify rogue services which overcharge, over-promise, under ...

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